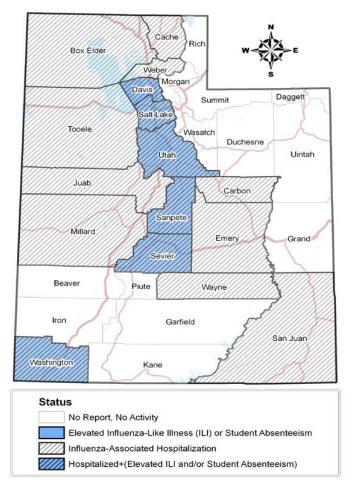
UTAH - WEEKLY INFLUENZA SUMMARY MMWR Week 52 (12/25/05 - 12/31/05) - Posted 1/4/06

WEEKLY MAP* OF UTAH INFLUENZA ACTIVITY



^{*} No Report/ No Activity * * Sentinel sites with regular ILI data collection are only located in the following counties: Cache, Davis, Salt Lake, Sanpete, Sevier, Tooele, Utah, Washington, and Weber.

UTAH - WEEKLY INFLUENZA TEXT SUMMARY

Influenza Activity in Utah:

While this week's data suggests that influenza activity may be decreasing, influenza continues to have active, widespread circulation in Utah. The number of visits for influenza-like illness continues to be above state threshold levels. Student absences are also above threshold levels. Additionally,188 hospitalizations associated with influenza have been reported to the UDOH this season. Most of these hospitalizations have occurred in individuals with high-risk factors and have been associated with Type A influenza.

As of 1/4/2006, no pediatric influenza-associated deaths have been reported in Utah.

Click on the map to access national influenza surveillance data. Please note, states determine for themselves how to estimate weekly influenza activity. The classification system used in Utah primarily serves to provide a spatial description of how influenza is circulating in the state.



INFLUENZA PREVENTION

How to protect yourself and others:

- 1. Utahns should get an influenza vaccine.
- **Contact your provider or the Immunization Hotline (1-800-275-0659) to locate an influenza shot.
- 2. All Utahns should practice "respiratory etiquette" to reduce the spread of respiratory diseases.
- ** Stay away from other people when you are sick.
- ** Cover your mouth and nose with a disposable tissue when you cough or sneeze. Throw the tissue away.
- ** Wash your hands.
- 3. We urge schools and employers to be supportive of these preventive measures.

